

Bible Study for 19th July 2020

Preparation

In our Bible Study this week we will be reading the following lectionary readings set for Sunday (19th July):

- Genesis 28:10-19a
- Psalm 139:1-12, 23-24
- Romans 8:12-25
- Matthew 13:24-30, 36-43

When exploring this week's readings try following this pattern:

Pray a simple prayer first. Perhaps you could use the words, from Psalm 139:12, "The darkness is not dark to you; the night is as bright as the day"

Read one of the readings

Pause

Reflect on the reading

Ask yourself

- What do you understand in the reading?
- How does the reading challenge you?

If anything particular strikes you, try returning to it and reflecting again on that part of the reading.

After your reflection, you may wish to move on to another reading, but you don't have to look at them all.

When you have finished your reflections for the day, pray the final prayer:

Final Prayer: In our darkness there is no darkness with you O lord, the deepest night is clear as the day. **Amen.**

If you want to watch it there's a YouTube reflection at <https://youtu.be/muVmPMAAt-Lw>.